



Combat Logistics Regiment 3
3d Marine Logistics Group
Okinawa, Japan

Suicide Prevention Policy Statement



The true strength of Combat Logistics Regiment 3, the "Workhorse of the Pacific," lies in our Marines and Sailors. Your mental, physical, and spiritual well-being is a top priority. Suicide is a preventable tragedy that degrades our combat readiness and devastatingly impacts our families and our formation. We will maintain a command climate where seeking help is recognized as a sign of profound strength, self-awareness, and dedication to duty.

Prevention is an all-hands effort driven by engaged leadership at every echelon. Leaders must know their personnel, recognize the warning signs of distress, and take decisive, compassionate action. We must foster an environment free from the stigma associated with seeking mental health support. If you suspect a fellow Marine or Sailor is in crisis, you are expected to ask the hard questions. Never leave a teammate alone if you believe they are at risk.

Available Resources. You are never alone, and help is always available. I expect all hands to be familiar with and utilize the following support systems:

- Chain of Command. Your immediate NCOs, SNCOs, and Officers are your first line of support.
- Command Chaplain. The Chaplain provides 100% confidential spiritual guidance, counseling, and crisis support.
- Medical & Mental Health. Embedded medical providers and base clinic mental health professionals.
- Veterans / Military Crisis Line. Available 24/7. Dial 988 and press 1 (CONUS). From Okinawa/OCONUS, dial 011-800-273-8255.

We are a warfighting family. Every member of this command is essential to our mission success in the Pacific. Look out for one another, stay engaged in each other's lives, and never leave a Marine or Sailor behind. It is okay to ask for help! We need every single one of you. Every single Marine, Sailor, and civilian within the command is crucial to our success and serves an important role.

Semper Fidelis,

Arnold B. Selvidge
Colonel, USMC
Commanding Officer, CLR-3

Reference: MCO 1720.2A, *USMC Suicide Prevention System*